



A Report on the Conduct of Runners in the Mid-Pac Road Runners Club Races

Recently, as our races have grown in participation, there have been a number of complaints levied against our Club over the conduct of runners vis-a-vis traffic on city streets. It appears that most of us are trying very hard to run our best in these races, sometimes at the risk of our own lives, in that we are disregarding traffic as a threat to us as people as we're racing down these streets. Sooner or later, we're going to lose somebody to a car, and then all of us will shoulder the blame for this injury or death. How then, do we run defensively? Let's take a look:

Our elitist attitude, (that we as runners have an undisputed right to use the road for running, to the disregard of cars) is causing us trouble. We meander all over the road, seeking the shortest path in a curve, often without checking behind for oncoming cars, and often expecting that car to stop, slow, or alter course for us. Further, we demand that cars allow us to pass by unimpeded in intersections, even if it means their stopping in the middle of that intersection, at the risk of their lives. This attitude bears study and change. We are not the only ones with a right to that road or street; we share that highway with all manner of vehicles — cars, trucks, bikes, wheelbarrows — all capable of doing damage of the worst kind to us. If we don't change this elitist attitude to a more moderate one of both the drivers and the runners should show common sense and courtesy, then we may well have it changed for us — permanently.

We are citizens first, and runners second, and if we don't obey the laws of the State as regards running facing traffic, only on the left side, except where sidewalks are available, and if we disregard traffic lights at intersections, and if we disregard the instructions of the Police, our status as individual runners is in jeopardy. How would you like to be licensed to be able to run? As long as we're sharing the roads with cars, we're users, too. And if we continue to meander across the flow of traffic, however slightly, we are going to be regulated by the state. The precedent for regulated running is already established; talk to the runners who fought an issue like this last year in Palo Alto, California. If we are to avoid a confrontation, then we had better look at our behavior on the road during our races and our daily training runs— or our freedom to run and the joys that freedom brings will be restricted somehow. (don't worry, the state can figure a way to do it).

Where do we as Club members start? Always run facing traffic. Watch out for the little guy— which is you. Run with courtesy and thought for the Commonwealth. The driver turning into the same driveway as you're crossing may be trapped into that action by oncoming traffic. Don't slap his fender; think and look around before you get mad, calmly. And lastly, we share the roads, we don't own them. None of us can continue to cut across the road in search of the shortest path— we may look at disqualification as a means of controlling this dangerous act. Think, and we'll all run a little easier.

Prepared by the Education Committee, Dick Howyer, Chairman

Club Elections April 8 BE THERE!

The annual meeting to select new club officers will be held at the Waikiki-Kapahulu Library on Tues., April 8 at 7:30 p.m. Gordon Dugan, Chairman of the Nominations Committee, announced the following are willing to stand for election:

President: Stu Miles

1st V.P.: Rimini Bartolini
Dan Thompkins
Jeff Jacobs

2nd V.P.: Dick Hoyer
Scott Bulfinch

3rd V.P.: Kathy Wong
Nancy Courter

Additional nominations can be taken from the floor.

If you aren't running for office, plan on lending your help to those who are elected. The average club race is up to 150 runners and at least 10 - 15 volunteers are needed at each.

The Last 18 Over Diamondhead (see pg.6 for full results)

189	Rod Morris	47:09	
190	David Yee	47:11	J
190	John Semenla	47:11	J
191	Tom Johnson	47:13	J
192	Andy McMarlin	47:40	E
193	Julie Barcia Sr.	47:52	40+W
194	Karen Eng	49:11	JW
194	Bernie Shell	49:11	
195	Bunnie Wallach	50:31	HSW
196	James McMarlin	50:36	E
197	Holly Johnston	52:30	JHSW
198	Valerie Henson	52:35	JW
200	Raquel Bengochea	52:37	EW
201	Julie Barcia	56:16	EW
202	Robert Deuriarte	56:49	O
203	Kins Wiltse	57:59	J
203	Maureen Wiltse	57:59	JW
204	John Rose Sr.	58:08	50+

HANG TUFF COLUMN

HAU'OLI MAKAHIKI HOU to Oahu's first-born of 1980, even though the bundle moves to California Jan. 24. Since the "No Sale" in our last column, the wits have come up with names like "Fire Sale, Garage Sale, Jib Sail, Main Sail", and even the atrocious "Winfield Sale 2nd". (His given name is GREGORY MICHAEL SALE). Said SHARON COLON after finishing Bosetti's Badlands Race, "I am so tired and ran so slow." Someone remarked after the Diamond Head Race, "I ran so fast, but there were so many ahead of me." MIKE TYMN managed to get a total of forty names in his summary of a "Decade of Running", from KY COLE to KATHY BARCIA. Back for a visit after 10 years, ADAM FERREIRA, didn't know who to follow around Diamond Head and so placed 3rd.

KENT DAVENPORT finished 26th among 108 entries in the 3rd TRIATHLON and would have been six places less if he had been four minutes faster. Among his Menehunes were WIN SALE, JIM PRESS, JEFF JACOBS, DON MUELLER, and GLENN MASON. Press leaned over to congratulate a prostrate Triathlete Dennis Hearst of California, saying, "Give me your hand." Replied Hearst, "I'd rather have your beer." LINDA and CASEY IBARAKI were among the early nominees for Hawaii's ten slots in the Thomas Jefferson Public Service Awards. Now that CONNIE CHUN chairs the Honolulu Police Commission the Club might have better cooperation from Police on the Windward Side. This election makes her one of the top-ranking persons of Filipino ancestry in Hawaii public office. Her last big job was Club Vice-President. JOHN ALEXANDER, once the 50-mile "child prodigy" of the Club, was featured Jan. 7 Star-Bulletin article, "It was a Long Run to a Reunion" (John had the wreath on his brow).

LOU DI SANTO is in San Francisco in a new job with AMFAC and may not return for a while, and DOUG KELLY has taken over his Membership Chair. STEPHEN SONG PAIK departed Jan. 28 for Newport News, VA. as one of 52 runners to carry the Olympic Torch in relay to Lake Placid XIII Winter Olympiad and participate in medal awards throughout February. The First Runners Fair Jan. 15 was organized by the hard-working Club Education Committee under DICK HOYER, drawing a capacity crowd to McCoy Pavilion. Look for the next project on March 19th.

JIM and LUCKIE BARKER have a new address: 3862 Tuers Road, San Jose, CA, 95102, and he is Team Leader with a VA Veterans Outreach Project and a still-injured runner who sends best wishes to their friends. Club baby STUART SUTTON has blue running shoes and is off to a fast start in life at 3 months. The Kilauea Hill 8-miler Jan. 20 pulled 200 a record field for that race.

Quick now, how many cross-streets on the hill? GORDON DUGAN is new Secty-Treas. of the Hawaii Water Pollution Control Federation, the first dung (Oops, rung) towards eventual Presidency. He claims to want a lower running profile in 1980, but...The TOM FERGUSONS expect powder snow at Alta, UT. Did you know th beautiful earpod on the Elephant's Ear Tree under which officials gather during the Mt. Tantalus Race is a "Enterolobium Cyclocarpum"? The Air Force will send BOB NOBLE to some races in Japan and the Boston Marathon. Thank you, USAF, for the noble idea. Remember, if you are not in this Column, it's your own fault. HANG TUFF.

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12th ANNUAL OAHU

PERIMETER TEAM RELAY

1	Tantalus Marathoners Gold	12:28:02.1	Elite (1st)
2	Getway Eaters	12:54:28.7	Elite (2nd)
3	Navy Hawaii	13:00:49.8	Elite (3rd)
4	Air Force I	13:10:13.8	1 Mil
5	Seperate Battalions First Ins	13:20:07.5	2 Mil
6	Marine Gold	13:27:21.8	3 Mil
7	Tantalus Marathoners Red	13:29:48.0	1 Open
8	Camp Smith Marines	13:31:27.1	4 Mil
9	Kaneohe Marines Masters	13:36:47.6	5 Mil
10	No Ka Oi	13:47:30.7	2 Open
11	Power Soler	13:49:24.0	1 Master
12	25th AVN BN Striders	13:51:44.3	6 Mil
13	The Lieutenants Seven	14:07:24.2	7 Mil
14	Pac Rats	14:08:49.9	2 Master
15	Hamburger	14:15:22.2	1 Mixed
16	Seven Soles	14:30:32.9	2 Mixed
17	Brotherhood Disciples	14:33:42.0	3 Open
18	Gimlet Running Club 1	14:40:21.0	8 Mil
19	Runners Windward	14:47:27.1	4 Open
20	Hickam Flyers	14:54:09.3	9 Mil
21	Kahaluu Mud Runners	14:56:57.6	5 Open
22	Pararescue	14:59:16.7	10 Mil
23	Adidas Aggregate No.2	15:00:06.7	6 Open
24	Adidas Aggregate No.1	15:05:50.1	3 Mixed
25	Byrum's Bunnies	15:09:26.1	11 Mil
26	Snortin Morton	15:09:29.6	12 Mil
27	Spoilers	15:11:27.1	7 Open
28	Navy Divers	15:13:28.6	13 Mil
29	65th Engr's Last Out	15:14:23.2	14 Mil
30	Red Devil Roadrunners	15:18:40.8	15 Mil
31	The Unknown "7"	15:21:51.5	16 Mil

32 Party People	15:30:28.5	17 Mil	76 Bob Cat III	17:11:48.7	41 Mil	112 Bryce Canyon Runners	18:00:02.9	64 Mil
33 Automatic Eight	15:36:41.0	18 Mil	77 Funky Bunch	17:13:26.2	8 Mixed	113 Engineer Pac Rats	18:00:16.2	65 Mil
34 Fly By Nights	15:40:55.9	8 Open	78 Whiteheads Whippets	17:13:59.6	42 Mil	114 Koa Maka'I	18:01:13.2	66 Mil
35 Turtle Blues	15:46:27.8	9 Open	79 CINPACFLT Navy/Marine	17:14:50.0	43 Mil	115 Mighty Proud Pacers	18:01:13.2	67 Mil
36 Bobcats II	15:48:24.1	19 Mil	80 Red Dragons	17:16:19.6	44 Mil	116 Golden Dragons	18:10:37.4	68 Mil
37 Waiaanae Coasters	15:51:42.9	10 Open	81 Paka Lolo Pacers	17:17:25.4	9 Mixed	117 F CO 25 AVN "Flyers"118	18:17:43.2	69 Mil
38 Makakilo Marathoners	15:52:46.8	11 Open	82 Retreads	17:17:47.5	45 Mil	Cruisers	18:17:58.1	25 Open
39 U.S.S. Goldsborough	15:53:47.5	20 Mil	83 No Name Divers	17:19:07.9	46 Mil	118 Cruisers	18:17:58.1	25 Open
40 The Happy Feet	15:58:06.5	21 Mil	84 Wolfhound 6	17:19:40.1	47 Mil	119 Lancer 1	18:18:42.9	70 Mil
41 FMF Pac Band	16:06:20.5	22 Mil	85 Silver Streak	17:19:49.8	48 Mil	120 "Horn Dogs" of Honolulu	18:19:26.6	16 Mix
42 South Seas Aquatics	16:09:41.6	4 Mixed	86 Hill Climbers No.1	17:21:38.1	49 Mil	121 IPAC	18:19:27.1	71 Mil
43 Deacon Blue	16:13:52.2	12 Open	87 "Killer Kilo"	17:22:47.7	50 Mil	122 The Misfits	18:19:33.3	72 Mil
44 The Rose and Crown Roadsters	16:14:41.8	13 Open	88 Tass Flash	17:24:01.8	51 Mil	123 P.M.O. Bullets	18:26:03.9	73 Mil
45 RECCE Wrecks	16:18:22.8	14 Open	89 Windward Rainbow	17:24:59.5	10 Mix	124 Dying Rats	18:28:09.8	26 Open
46 Flying Striders	16:19:41.7	23 Mil	90 Brand Racks Y19th Inf 25th Div	17:28:28.7	52 Mil	125 Soms Comm Center	18:28:52.5	74 Mil
47 Easy Riders	16:23:27.5	24 Mil	91 Crazy Eights	17:33:34.1	53 Mil	126 25th Medical Battalion	18:31:32.0	17 Mix
48 The Heart of Darkness	16:26:51.8	15 Open	92 Hash House Harriers Too	17:33:48.6	20 Open	127 Nasty Pac Dodahs	18:31:40.2	75 Mil
49 K Smith Marines	16:30:45.0	25 Mil	93 Eod No.2	17:34:54.2	54 Mil	128 Bob's Mob	18:44:28.3	18 Mix
50 The King's Kids	16:32:01.0	25 Mil	94 The Misfits	17:35:33.4	55 Mil	129 Sub Sonics	18:49:08.5	19 Mix
51 Hawaii Kai Masters	16:32:43.5	3 Master	95 Road Runner's	17:36:02.3	56 Mil	130 The On Timers	18:52:40.1	76 Mil
52 The Charlie Rocks	16:33:35.7	26 Mil	96 Midnight Raiders	17:36:27.5	57 Mil	131 No Name Runners	18:58:04.4	77 Mil
53 Eeyore's Tail	16:34:39.0	5 Mixed	97 Leeward Christian Fellowship	17:36:46.2	21 Open	132 The "Mis-Feets"	18:58:23.2	78 Mil
54 Far Eastern Pacific Racquet and Running Club (FEPRRC)	16:35:06.5	27 Mil	98 Tripler Trotters	17:37:38.9	58 Mil	133 Hawaii Kai Fun Runners	19:06:36.1	20 Mix
55 Iolani Running Raiders	16:35:06.5	1st H.S. Division	99 Essayons "A"	17:38:18.9	11 Mix	134 Fleet Training	19:10:25.3	79 Mil
56 347th Hawks	16:36:05.9	28 Mil	100 Goofy Gofer	17:42:59.3	59 Mil	135 HSL 37 Fun Runners	19:11:35.7	21 Mix
57 The Motley Crew	16:42:04.5	2nd H.S. Division	101 The "Rock Steadies"	17:42:55.3	60 Mil	136 P.M.O. Striders	19:13:26.5	80 Mil
58 Hickam Harriers	16:44:17.4	4 Master	102 Impulse Power	17:42:59.3	22 Open	137 Burchettis Burps	19:14:29.5	27 Open
59 Pork Chop R.R.	16:44:41.6	29 Mil	103 Ramapithecan	17:43:54.9	61 Mil	138 Kaneohe Bombers	19:17:56.7	81 Mil
60 Tropic Lightning Striders	16:47:29.8	30 Mil	104 Essayons "b"	17:44:53.1	12 Mix	139 MCDP Road Runners	19:25:35.7	82 Mil
61 Nu Kukini Lolo	16:49:49.1	17 Open	105 Not Ready Relay Runners	17:48:10.4	13 Mix	140 Lemmings	19:32:31.9	22 Mix
62 The Banana Bunch	16:49:51.3	6 Mixed	106 Straub Striders	17:53:11.7	23 Open	141 Bravo Engineers	19:36:16.5	83 Mil
63 C.C. Runners	16:52:03.5	31 Mil	107 The Incredible Hulk	17:53:22.8	62 Mil	142 The Seven Rock Steady's	19:37:21.1	84 Mil
64 Baloot No. 1	16:52:47.7	32 Mil	108 Hash House Harriers Red	17:57:25.4	14 Mix	143 Disposaliers and Dolls	19:53:22.4	23 Mix
65 The Cyclonic Seven	16:54:38.0	33 Mil	109 Bad Company	17:58:43.5	15 Mix	144 Los Locos	20:19:56.6	28 Open
66 Eod No.1	16:56:50.5	34 Mil	110 Yat Yas	17:59:10.2	63 Mil	145 "262" Flying Tigers	20:33:05.1	29 Open
67 No Name Gang	16:57:50.3	35 Mil	111 Happy Runners No.1	17:59:37.8	24 Open	146 First Time Around	20:39:17.3	24 Mix
68 D.C. Runners	16:58:07.7	18 Open	112 Bryce Canyon Runners	18:00:02.9	64 Mil	147 Uku Pau	21:05:32.3	25 Mix
69 Automatic Eight	16:59:42.8	36 Mil	113 Engineer Pac Rats	18:00:16.2	65 Mil	148 Bully Hayes Pirates	21:15:38.0	26 Mix
70 Tropic Lightning's Fly Flesh Ped.	17:01:09.5	37 Mil	114 Koa Maka'	18:01:13.2	66 Mil	149 Gopher Legs (Straub Clinic)	21:48:13.8	The Only Women's Open
71 Swordfish Striders	17:02:56.4	38 Mil	115 Mighty Proud Pacers	18:01:13.2	67 Mil	150 Happy Runners No. 2	22:50:37.7	27 Mix
72 Manan Snail's	17:05:10.6	39 Mil	116 Golden Dragons	18:10:37.4	68 Mil			
73 Night Crawlers	17:09:07.0	40 Mil	109 Bad Company	17:58:43.5	15 Mix			
74 Shafter Striders	17:09:59.3	19 Open	110 Yat Yas	17:59:10.2	63 Mil			
75 HCU-1 Fun Runners	17:10:10.8	7 Mixed	111 Happy Runners No.1	17:59:37.8	24 Open			

Kilauea Hill 8M
1/20/80
A NOBEL WIN

The Air Force's Bob Noble notched his first, of what looks like will be many, MPRRC win. Noble's been running competitively for less than two years, but is already looking for a sub 2:30 at Boston this Patriot's Day. Noble was in a lead pack with Mike Tymn, Brook Thomas, and Dannis Hansen up to the base of the hill. Warren Smith and Bill Bulmer have added their names to our group of outstanding master's runners. Karen Courter continues to be the top woman club runner at 11 years of age.

1	Bob Noble	40:59	0	40	Al Downey	49:30	40+	100	Maureen Luebbe	55:10	0W
2	Brooke Thomas	41:29	0	41	Curtis Liu	49:31		101	Dick Freeman	55:14	50+
3	Mike Tymn	41:35	40+	42	Robin Robinson	49:45	0	102	Chuck Strang	55:29	40+
4	Dennis Hansen	41:55	0	43	Tom Smyth	49:46	40+	103	Unknown	55:33	
5	Glenn Burton	43:23	0	44	George Sewell	49:53	HS	104	Tom Limm	55:36	40+
6	Paul Eveloff	43:54	0	45	Ron Tasket	49:56	40+	105	Dave Huntley	55:37	0
7	Glenn Mason	43:56	0	46	Larry Axmaker	50:00	0	106	Chris Courter	55:37	JHS
8	John Irving	44:02	0	47	Bob Clark	50:02	J	107	Peter Cucinell	55:42	JHS
9	Charles Woods	44:34	0	48	Tim Brown	50:03	0	108	Danny Barcia	55:58	E
10	James Johnston	44:51	0	49	Jim Rose	50:04	0	109	Nancy Courter	56:05	0W
11	Gale Young	44:52	0	50	Don Bordman	50:09	40+	110	John Signor	56:40	50+
12	Scott Bulfinch	45:00	0	51	Noble Beck	50:10	0	111	Junie Garnenez	56:57	0
13	Johnny Faerber	45:13	40+	52	Carlos Martinez	50:11	0	112	Rich Ray		0
14	Warren Smith	45:58	40+	53	Larry Buckner	50:21	0	113	Ed Casey	57:18	40+
15	Alan Fox	46:00	0	54	Miguel Gaviria	50:27	0	114	David Rarangol	57:22	50+
16	James Ennis	46:08	0	55	Mike Meulemans	50:32	0	115	Morris Lai	57:41	J
17	Bill Bulmer	46:14	40+	56	Dave Devenot	50:36	40+	116	Rob Lemay	57:41	0
18	Frank McDonald	46:28	0	57	Norm Kawachika	50:39	0	117	Renee Yuen	57:52	0W
19	Charles Lindburgh	46:37	0	58	Stuart Robson	51:18	0	118	Tim Middleton	57:57	0
20	Richard Granat	46:57	0	59	Jeffrey Herman	51:19	J	119	Joe Barcia	58:10	E
21	Mark Perry	47:08	0	60	Ken Kramer	51:24	40+	120	Greg Gaydos	58:14	0
22	Carl Ellsworth	47:22	40+	61	Karen Courter	51:28	EW	121	Alex Roth	58:16	60+
23	Thad Suter	47:28	0	62	Dwight Ovitt	51:38	0	122	Thomas Ranier	58:25	0
24	Andy Gresham	47:36	HS	63	Reece Miller	51:41	0	123	Steven Vanatta	58:40	HS
25	Dick Hoyer	47:45	0	64	Ray Kemp	51:49	0	124	Alan Picard	58:53	0
26	Roy Barela	47:50	0	65	Doug Schramel	51:50	40+	125	David Brennan	59:07	J
27	Mark Nozares	47:51	0	66	David Becken	51:51	0	126	Robert Valle	59:22	40+
28	Dick Asato	47:55	0	67	Frank Bushakra	51:56	J	127	John Barcia	59:25	HS
29	Morgan Edwards	48:11	0	68	Connie Comiso	51:57	0W	128	Dent Kjelstrom	59:26	J
30	Gordy Sims	48:17	0	69	Bernard Jacang	52:03	40+	129	Tom Fergurson	59:27	50+
31	David Krupp	48:21	0	70	Dick Cowan	52:10	0	130	Ben Gomes	59:31	0
32	Bob Broshears	48:25	0	71	Bev Haugh	52:39	0	131	Damian Cucinell	59:49	E
33	Scott Hamilton	48:40	50+	72	Edward Kubany	52:46	40+	132	Robert Mumby	60:17	0
34	Ricardo Rodriguez	48:43	0	73	Ron Arbuckle	52:03	40+	133	Henry Kariel	60:35	50+
35	John O'Brien	49:05	J	74	Carlos Fuentes	53:08	0	134	Bobby Smith	60:45	0
36	Jeff Nakasone	49:11	0	75	Barry Klein	53:14	0	135	Ray Hamlin	60:49	0
37	Basil Fossum	49:12	0	76	Ed Smith	53:21	0	136	Jerry Estauillo	61:11	40+
38	Mike Beal	49:18	0	77	Kim Alvin	53:24	0	137	George Murray	61:24	50+
39	Hank Hatch	49:20	40+	78	Dave Nejedly	53:28	J	138	Duane Durham	61:28	0
				79	John Rudolph	53:33	HS	139	Jeffrey Crunkiltom	61:38	0
					Wheelchair racer			140	Brian Johnson	61:38	J
				80	Mark Uyehara	53:36	HS	141	Pete Barcia	61:41	40+
				81	Rick Corbin	53:37	0	142	Jim Moberly	61:52	40+
				82	Jay Hall	53:38	0	143	Ed McKnight	62:00	0
				83	Dennis Morisada	53:38	0	144	Bob Peterson	62:03	0
				84	Devin Prendergast	53:43	J	145	Al Perez	62:04	J
				85	Ken Mohica	53:44	J	146	Ron Baers	61:18	J
				86	Bob Edmond	53:49	0	147	Dawn Lake	62:19	0W
				87	Lee Bacon	53:50	40+	148	Norm Matthews	62:40	0
				88	Kathy Barcia	53:59	JHSW	149	David Hastings	62:48	E
				89	Bill Cunningham	54:02	40+		Barry Oneto	62:56	40+
				90	George Ishiki	54:02	50+				
				91	Bob Gardner	54:13	0				
				92	Edward Hamada	54:18	J				
				93	L. J. Beasley	54:21	0				
				94	Michael Murphy	54:36	J				
				95	Judy Kjelstrom	54:39	0W				
				96	Bo Bogema	54:40	0				
				97	Bob Mumper	54:52	0				
				98	C.A. Bell	55:08	0				

150	Melvin Uyehara	62:57	40+
151	Peter Smith	63:00	0
152	Joan LaPierre	63:01	0W
153	Robbie Barnes	63:03	JHS
154	David Barnes	63:04	0
155	Dean Kehmeier	63:25	J
156	James Campbell	63:30	HS
157	C.E. Buck Jones	63:53	50+
158	Kenneth Chun	63:55	J
159	Jim Bennett	64:26	60+
160	Valenzuela Guillermo	64:51	0
161	June Cunningham	64:52	EW
162	Rosanne Cunningham	64:52	EW
163	Ned Bernton	NO	
164	Carol Ouchi	65:24	0W
165	Cynthia Tuttle	65:36	0W
166	Steven Schortman	65:42	J
167	Frank Roddin	66:10	40+
168	Gordon Souder	66:12	40+
169	Kirk Turner	66:24	J
170	Bris Gannett	66:28	0
171	Shel Hershinow	66:46	J
172	Kirk Beckwith	67:09	0
173	Bruce Gibson	67:13	J
174	Stuart Axmaker	67:24	JHS
175	Billy Cunningham	67:29	JHS
176	Cindy Arbuckle	67:33	HSW
177	Stacey Axmaker	67:35	E
178	Michael Braum	67:38	J
179	John Wilbur	67:41	0
180	Glenn Cunningham	67:45	JHS
181	Allan Hagan	67:54	J
182	Buzzy Clein	67:59	E
183	Andy McMarlin	68:03	E
184	Jan Newhart	68:05	50+
185	Robert Ritter	68:15	J
186	Scott Ferguson	68:34	E
187	John Downey	68:48	JHS
188	Laura McMarlin	69:39	HSW
189	Bob Cooley	69:45	J
190	Don Legg	69:53	J
191	Bob Hawley	70:02	0
192	Lisa Bell	70:18	HSW
193	Sharon Colon	70:24	0W
194	Leslie Ferguson	70:37	0W
195	Carlton Fernandez	71:49	J
196	Chris Downey	74:22	E
197	Charles Fernandez	75:02	J
198	Sam Cucinell	82:55	
199	Elly Cucinell	82:57	

**Bossetti's Badlands 10Km
1/6/80
Father Tymn(e) has a Great Time**

Mike Tymn, that ageless inspiration to many of us, licked Gordon Haller who was tuning up for the Ironman. U.H. Nursing student, Connie Comiso won her first race with a fine time of 41:02 on the difficult course. 157 runners were an indication fo how large MPRRC's races are becoming.

1	Mike Tymn	33.14.1	40+
2	Gordon Haller	33.20.8	0
3	Bob Noble	33.27	0
4	Dennis Hansen	34:04	0
5	Glenn Burton	34.07	0
6	David Troy	34.43	0
7	Charles Woods	35.11	0
8	Anthony Sedeno	35.38	0
9	Allen Fox	35.52	0
10	Giovanni Bartolini	35.58	0
11	Henry Richmond	36.03	40+2
12	Bob Mumper	36.13	0
13	Scott Bulfinch	36.27	0
14	Steve Kux	36.31	0
15	Craig Bartlett	36.47	0
16	Johnny Faerber	36.55	40+3
17	Ralph Dykes	36.58	0
18	Mark Perry	37.33	0
19	Thad Suter	37.42	0
20	Carl Ellworth	37.49	40+4
21	David Krupp	38.10	0
22	Kelly McFate	38.23.9	J
23	Don Leopoldo	38.28.1	40+5
24	Andy Greshan	38.38.8	HS
25	Carlos Martinez	38.39.4	0
26	Gordy Sims	38.39.9	0
27	Tom Smyth	38.54.5	40+
28	Casey Ibarar	38.59.4	0
29	Al Downy	39.06	40+
30	Ron Tasket	39.10	40+
31	Wayne Reis	39.11	0
32	Phil Vogel	39.19	HS
33	Frank Barth	39.21	J
34	Frank Pugliese	39.23	0
35	Don Boardman	39.27	40+
36	Scott Hamilton	39.29	50+
37	Mike Meulemans	39.30	0
38	Cowman	39.32	0
39	Noble Beck	39.40	0
40	Dee Concepcion	39.56	0
41	Reese Miller	39.56.2	J
42	Arai Keith	39.56.6	0
43	Glenn Elliot	40.01	0
44	K. Reepy Yoen	40.12	
45	Dan Tompkins	40.13	40+
46	Frank Seller	40.14	0

48	David Devenot	40.14.2	40+
49	Don Olson	40.14.7	0
50	Jeff Herman	40.19	J
51	Jim Fallon	40.23.9	0
52	Jeff Bishop	40.33	0
53	Curtis Liu	40.34	0
54	Greg Beal	40.35	0
55	Stuart Ribson	40.37	0
56	Tamati Reedy	40.38	40+
57	Dick Cowan	40.47	0
58	Jay Hall	40.49	0
59	Chris Courter	40.52	JHS
60	Dennis Morisada	40.57	0
61	Frank Bushakra	40.58	0
62	Paul Davis	41.01	0
63	Connie Comiso	41.02	0W
64	Doug Schramel	41.02	40+
65	Jeffrey Liu	41.04	J
66	John Purnell	41.11	0
67	Mark Nozares	41.23	0
68	Kathy Barcia	41.32	0
69	James Ennis	41.35	0
70	Larry Williams	41.47	0
71	Greg Miles	41.47	0
72	Karen Courter	41.49	EW
73	Jim Jackson	42.05	0
74	George Ishiki	42.16	50+
75	Dave Buell	42.21	0
76	Tom Limm	42.32	40+
77	Bill Cunningham	42.47	40+
78	Judy Kjelstrom	43.00	0W
79	Brian Honda	43.09	J
80	Mark Holbrook	43.16	J
81	Al Chun	43.18	J
82	Bob Gardner	43.24	0
83	Barcia Dan	43.31	E
84	Ron Arbuckle	43.31	40+
85	Guerrero Richard	43.36	0
86	Reynard Kawelo	43.45	J
87	Nancy Courter	44.22	0W
88	Dick Freeman	44.22	50+
89	Renee Yuen	44.34	0
90	Unknown	44.42	
91	Steve Dixon	44.58	0
92	Greg Miles	45.12	0
93	John Barcia	45.22	HS
94	Joe Gresham	45.29	40+
95	Raul Lichfiedl	45.52	40+
96	Elvin Hamlin	45.55	0
97	Greg Gaydos	46.01	0
98	Jerry Estavillo	46.08	40+
99	Ed Casey	46.24	50+
100	Duane Durham	47.06	J
101	Peter Barcia	47.10	40+
102	Peter Cucinell	47.26	JHS
103	Kjelstlom Kent	47.41	J
104	Damien Cucinell	47.41	E
105	David Hastings	47.43	E
106	John Cotham	47.43	0
	Ivan Idso	47.45	0

107	Barry Oneto	47.46	
108	Ron Markarian	48.05	40+
109	Carol Davis	48.21	0W
110	Les Cordova	48.38	0
111	Everett Tyrrell	49.02	HS
112	Robbie Barnes	49.25	E
113	David Barnes	49.34	40+
114	Peter Smith	49.40	0
115	Les Steinke	49.40	0
116	Rosalie Wall	49.49	0W
117	John Downey	50.09	JHS
118	Sam Barth	50.21	50+
119	Brian Johnson	50.40	J
120	Mark Purnell	50.50	JHS
121	Gordon Souder	51.03	40+
122	June Cunningham	51.25	EW
123	Sharon Colon	51.30	0W
124	Ray de Hay	51.44	50+
125	George Manibusan	51.45	J
126	Billy Cunningham	52.44	J
127	James Richmond	52.55	E
128	Jerry Richmond	53.09	40+
129	Roseanne Cunningham	53.17	EW
130	Frank Roddin	53.21	50+
131	Bill Southwood	53.42	40+
132	J. Garnenez	53.44	0
133	Amy Barcia	53.45	JHS
134	Dorothy Bushakra	53.53	JW
135	Laura McMarlin	55.01	HS
136	Jenny Schjang	55.07	E
137	Chris Downey	55.41	E
138	Andy McMarlin	55.41	E
139	Mike Hammel	56.04	0
140	Reynold W. Lee	57.30	J
141	Glenn Cunningham	57.41	JHS
142	Doug Kelly	58.17	J
143	James Hastings	58.17	J
144	John Semenza	59.09	J
145	Kathy Robertson	59.59	JW
146	Alison Hastings	60.35	HS
147	Ella Schjang	60.48	JHS
148	Dorri Goodrich	60.52	J
149	May Schjang	61.51	HSW
150	James McMarlin	62.59	E
151	Judy Astiasuain	63.54	JF
152	Elly Cucinell	64.35	JF
153	Sam Cucinell	65.08	40+
154	Jim Moberly	65.26	40+
155	Hans Schjang	67.12	40+
156	Vincent Schjang	74.19	E
157	Nooria Noor	75.10	40+W



Diamondhead 5M 12/24/79 "Who Was That Guy?"

Dave Fleming was back from his Oregon college to defend his Diamondhead title, but found himself up against Peter Butler, a member of Canada's '76 Olympic team and national marathon champion. Former MPRRC member Adam Ferreira who was in town for a vacation, finished third. Scott Hamilton set a 50+ record.

Noel Murchie was the first woman and John Rose, Sr. was last in the 210th position.

1	Peter Butler	22:55.4	0
2	David Fleming	24:26.5	0
3	Adam Ferreira	22:35.4	0
4	Clay Stenberg	24:35.4	0
5	Steve Jenness	25:34.8	0
6	Bruce Cyra	25:47.4	0
7	Mike Tymn	25:50.0	40+
8	Bennet Yort	25:58.1	HS
9	Glenn Burton	26:01.2	0
10	Bob Noble	26:10.1	0
11	Pete Farwell	26:14.6	0
12	Jim Gallup	26:15.9	40+
13	Nick Roehl	26:26.9	0
14	Glenn Mason	26:43.3	0
15	Charles Woods	26:50.2	0
16	Alan Hudson	26:59.4	0
17	Jeff Nakasone	27:21.9	0
18	Henry Richmond	27:30.4	40+
19	John Bourbeau	27:38.2	0
20	Gary Holsten	27:53.4	0
21	Frank Mento	27:56.9	0
22	John Alexander	28:03.2	0
23	Rick Jones	28:04.4	0
24	Scott Bullfinch	28:07.6	0
25	Steve Kux	28:17.6	0
26	Karlas Beyer	28:26.5	0
27	Ralph Dykes	28:31.3	0
28	Peter Sigmund	28:38.8	0
29	James Johnson	28:41.8	0
30	Dick Asato	28:44.0	0
31	Abarita Danzer	28:47.9	0
32	Thad Sutler	28:50.0	0
33	Rick Plume	28:52.5	0
34	William Nathan	28:58.8	0
34	Ralph Duckett	28:58.8	0
35	Gordy Sims	29:06.9	0
36	Erick Arndt	29:07.6	HS
37	Gerald Bailey	29:08.0	J
38	Scott Hamilton	29:12.3	J
39	Jonathan Lyau	29:15.4	HS
40	Carlos Martinez	29:20.6	0
+1	Ed Padilla	29:26.6	0
42	Mike Welch	29:39.5	0
43	Peter Tong	29:32.6	HS
44	Casey Ibaraki	29:39.0	0
45	Bill King	29:42.9	J
46	Al Downey	29:43.6	40+
47	Ray Barella	29:45.0	0
48	Charles Martin	29:47.5	J
49	Frank Chavarria	29:50.8	J
50	Joe Aners	29:54.2	0
51	Nobel Belk	29:57.2	0
52	Steve DeAngelo	30:01.7	0
53	Hank Hatch	30:04.4	40+
54	Sal Viscardi	30:08.4	0
55	Dave Devenot	30:09.5	40+
56	Sunil Davidson	30:13.2	0
57	Anthony Sotelo	30:16.3	0
58	Don Boardman	30:19.7	40+
59	Kelly McFate	30:20.3	0
60	John Bahrenburg	30:22.6	0
61	Larry Bulknez	30:23.2	0
62	Keith Arai	30:26.9	0
63	Dexter Akamine	30:40.8	0
64	Greg Moore	30:44.8	HS
65	Tom Makauskas	30:49.5	0
66	Jeff Bishop	31:07.4	0
67	Freddy Zefzer	31:11.5	0
68	Reece Miller	31:15.8	0
69	Cris Courter	31:16.5	JHS
70	George Ishiki	31:17.5	50+
71	Gordon Dugan	31:18.7	40+
72	Bill Cunningham	31:25.2	40+
73	Dennis Morisada	31:27.4	0
74	Noel Murchie	31:31.3	40+W
75	Jiro Saegusa	31:38.9	0
76	Larry Williams	31:39.4	J
77	Chuck Prentice	31:39.9	0
78	Rodney Bouwknecht	31:41.0	J
79	Jefery Herman	31:43.5	0
80	Doug Schramel	31:45.9	40+
81	Garnenez	31:46.3	0
82	John Purnell	31:46.9	0
83	Dick Moore	31:47.4	40+
84	Unknown	31:48.9	
85	Rubel Vigil	31:52.2	0
86	Ed McKnight	32:00.7	0
87	Swadhin Falk	32:02.7	0
88	Kathy Barcia	32:09.2	JHS
89	Connie Comiso	32:11.1	0W
90	Tamati Reedy	32:18.3	40+
91	Judy Kjelstrom	32:26.6	0W
92	Karen Courter	32:33.8	EW
93	Rip Courter	32:37.6	0
94	Cass Meyers	32:43.6	0
95	Al Chun	32:54.7	J
96	Bobbie Smith	33:03.5	0
97	Greg Tabasa	33:04.5	0
98	Patrick Comer	33:05.5	HS
99	Earl White	33:21.6	40+

100	Peter Rogers	33:21.6	J	John Downey	37:58	JHS	11	Bill Bulmer	30:46	40+	
101	Nancy Courter	33:23.5	0W	159	Stanley Balbuena	38:04	12	Andy Gresham	30:51	HS	
102	David Ross	33:28.6	0	160	Stefanie Tompkins	38:06	EW	13	Dave Krupp	30:52	0
103	Carl Coy	33:29.3	J	161	David Pang	38:11	14	Warren Sherman	30:54	0	
104	Suzie Bartells	33:31.3	40+W	162	Harold Chapson	38:47	60+	15	Henry Richmond	30:57	40+
105	Steve Opera	33:35.1	0	163	Pat Smith	38:54	16	Anders Jones Hagen	31:03	0	
106	George Murry	33:36.8	50+	164	Hank Prohm	39:06	O	17	Ron Enos	31:09	0
107	Robert Mumby	33:48.0	0	165	Glen Cunningham	39:17	JHS	18	Carl Ellsworth	31:10	40+
108	Pat Valetin	33:51.7	40+	166	Aaron Bengoechea	39:19	19	Mark Perry	31:15	0	
109	Mimi Beams	33:54.7	0W	167	Allison Matthews	39:22	20	Carlos Martinez	31:30	0	
110	Jim Keefer	33:54.8	J	168	Duane Nakamura	39:29	21	Bill Edwards	31:38	0	
111	Steve Dunlar	33:55.5	0	168	Shayne Sakoda	39:29	22	Dick Hoyer	31:40	0	
112	Jim Lorloran	34:00.4	0	169	Sharon Colon	39:37	OW	23	Thad Suter	31:42	0
113	David Rarangol	34:00.9	50+	170	Philip Wiltse	39:49	JHS	24	Scott Hamilton	31:46	50+
114	Karen Barbert	34:02.3	HSW	171	Claude Vincent	39:53	50+	25	Daven Chun	31:51	HS
115	Steve Dixon	34:04.5	0	172	Chris Downey	39:55	E	26	Don Olson	31:58	0
116	Jim Moberly	34:08.3	40+	173	Mike Stallard	40:44	J	27	Eric Machigashira	32:04	0
117	Andy Barcia	34:16.5	JHS	174	Billy Cunningham	41:39	JHS	28	Bjorn Jonshagen	32:06	0
118	Larry Hamilton	34:31.6	E	175	Kenneth Jones	41:55	J	29	Ralph Duckett	32:07	0
119	Peter Olton	34:36.7	0	175	Mark Purnell	41:55	O	30	Larry Axmaker	32:08	0
120	Peter Thomas	34:27.1	J	175	John Hamtton	41:55	E	31	John Conner	32:09	40+
121	Gerry Estavillo	34:27.1	40+	176	Paul Wiltse	41:58	JHS	32	Donald Leopoldo	32:15	40+
122	Ralph Miller	34:48.4	40+	177	A. Nuther Turkai	42:05	33	Jim Jackson	32:23	0	
123	Scott Souder	34:51.1	J	178	Snooky Slutker	42:16	OW	34	Bill McMahon	32:28	0
124	Ron Batie	34:52.3	J	179	James Richmond	42:26	E	35	Basil Fossum	32:30	0
125	Adhiratha Keefe	34:53.7	0	180	Jerry Richmond	42:32	40+W	36	Tom Smyth	32:34	40+
126	John Burke	35:07.8	J	181	Benjamin Prohm	42:41	E	37	Casey Ibaraki	32:40	0
127	Billy Bengston	35:12.8	40+	182	Frank Roddin	42:44	50+	38	Russell Dooge	32:42	0
128	Blaise Gudet	35:13.7	0	182	Laura McMarlin	42:44	HSW	39	Al Downey	32:48	40+
129	Jeff Wallach	35:16.	HS	183	Joe Bengoechea	43:41	J	40	Jim Fallom	32:51	0
130	Dave Vauderjort	35:23.2	0	184	Marc Roddin	44:24	J	41	Dave Devenot	33:01	40+
131	Chris Haymond	35:43.6	0	185	Scott Wallach	45:03	JHS	42	Noble Beck	33:11	0
132	Peter Barcia	35:52.1	40+	186	Oliver King	45:21	E	43	Norm Kawachika	33:19	0
133	Wolf Meywald	35:53.1	0	187	Lon Renard	45:31	J	44	Glenn Elliott	33:38	0
134	Kathryn Wong	35:54.8	0W	188	Ron Larsen	45:38	J	45	John Rodolph	33:44	
135	Faith Miyashiro	35:55.3	0W					46	Karen Courter	33:51	EW
136	Sandy Sumner	36:01.5	0					47	Bob Gardener	33:53	0
137	James Talley	36:13.6	0					48	Connie Comiso	33:54	0W
138	Jamie Paich	36:18.6	HS					49	Keith Arai	34:00	0
139	Mac Graham	36:19.1	J					50	Hinks Chun	34:00	0
140	Henry Kariel	36:19.6	50+					51	Junie Garnenez	34:03	0
141	Brian Johnson	36:24.1	J					52	Frank Bushakra	34:12	J
142	Jeffrey Crunkilton	36:34.8	J					53	Joe Humphrey	34:17	0
143	Marsha Hamilton	36:50.9	JHS					54	Bob Edmond	34:21	0
144	Kenneth Franc	37:18.8	0					55	Jeff Rowley	34:29	0
145	David Arakaki	37:19.3	40+					56	Tim Merrick	34:46	J
146	Barry Oneto	37:22.3	40+					57	Jim Kraus	34:50	0
147	Amy Barcia	37:25.0	JHS					58	Kevin Prendergast	34:52	J
148	John Hamilton	37:29.1						59	Doug Schramel	34:56	40+
	Brandy Bengoechea	37:29.1	E					60	Steve Dilley	35:03	0
149	Brain Honda	37:33.0	J	1	Brook Thomas	27:48	0	61	Ron Arbuckle	35:04	40+
150	Bill Paradis	37:33.7		2	Mike Tymn	28:23	40+	62	Joseph DeRego	35:09	0
151	Joe Barcia	37:39.0		3	James Johnston	29:11	0	63	Bill Cunningham	35:11	40+
152	John King	37:42.4		4	Bob Mumper	29:19	0	64	Dave Huntley	35:12	0
153	Carol Uechi	37:48		5	John Irving	29:23	0	65	Rip Courter	35:13	0
154	Rosanne			6	Charles Woods	29:39	0	66	Kathy Barcia	35:19	JHSW
	Cunningham	37:50	EW	7	Stuart Harp	29:40	0	67	Bo Bogema	35:22	0
155	June Cunningham	37:51	EW	8	Anthony Sedeno	29:41	0	68	Dan Tompkins	35:23	40+
156	Emil King	37:51	E	9	Reuben Dias	29:60	0	69	Lee Bacon	35:39	40+
157	Glen Wallach	37:55		10	John Faerber	30:08	40+				

Kailua Loop 5.5M 2/3/80

Thomas Win a Record

The course was slightly different for the second year in a row, but Kailua Hill was still waiting for you at the 4.5 mile mark. Brook Thomas led all finishers. Among those individuals showing good improvements were Bob Mumper and Connie Comiso who was only 3 seconds behind the first female finisher, Karen Courter.

70	George Ishiki	35:46	50+	111	Damian Cucinell	39:34	E	152	Ronnie Markarian Jr.	48:31	E
71	Chuck Strang	35:50	40+	112	Ruberto Katekaru	39:37	0	153	Bill Hodge	48:52	60+
72	Alvin Kim	35:51	0	113	Frank Suenaga	39:38	J	154	Mary Lynn Johnson	48:54	JW
73	Bill Goodhope	35:59	0	114	Ray Iacovelli	40:23	0	155	Deborah Sinke	48:54	OW
74	Robert Flick	36:02	HS	115	Peter Barcia	40:28	40+	156	Ron Markarian	49:07	40+
75	Tom Powers	36:04	0	116	David Ofsevit	40:46	J	157	Jim Hastings	50:43	J
76	Ray Miller	36:11	0	117	Joe Greshan	40:46	40+	158	Jamie McMarlin	50:59	E
77	Susie Bartels	36:13	40+W	118	Gary Grant	40:55	J	159	Andy McMarlin	50:59	E
78	Dan Barcia	36:27	E	119	Jim McMillan	41:43	J	160	Diane Kline	51:08	OW
79	Dick Freeman	36:47	50+	120	Shel Herchinon	41:45	J	161	Gerry Wong	51:12	JW
80	John Alexander	36:51	0	121	Jim Buckley	41:52	40+	162	Pat Sellers	51:37	0
81	Ed Casey	36:55	40+	122	Gary Meyers	41:52	40+	163	Sam Cucinell	53:40	40+
82	Scott Adleman	36:59	0	123	Gale Heavilin	41:56	0	164	James Soza	53:42	HS
83	Nancy Courter	37:01	OW	124	Ned Bernton	42:15	J	165	Unknown	53:59	
84	James Campbell	37:03	HS	125	Jim Freaney	42:23	J	166	Unknown	53:59	
85	James Grogan	37:15	HS	126	Dave Sherwood	42:24	J	167	Julie Barcia	53:59	40+W
86	Sharon Given	37:19	0	127	John Dunney	42:26	JHS	168	Doug Kalal	54:33	JHS
87	Jerry Tanioka	37:30	0	128	Stacey Axmaker	42:33	E	169	Theresa Jackson	57:01	JW
88	StevenVannatta	37:32	HS	129	Jennifer Mills	43:00	0	170	Jim Jackson	57:01	0
89	Al Chun	37:33	0	130	Rick Beachan	43:24	0	171	Debbie Paglier	58:02	JW
90	Steve Dixon	37:43	0	131	Mike Braum	43:52	0	172	Malia Richmond	58:14	EW
91	Unknown	37:48		132	Geoff Taylor	43:54	J	173	Raquel Hicks	58:32	JW
92	David Hastings	37:51	E	133	Rosanne Cunningham	44:32	EW	174	Paula Joslyn	59:16	JW
93	Peter Cucinell	37:51	JHS	134	Barbara Littenberg	44:36	JW	175	Debra Kraus	59:43	JW
94	Joe Barcia	37:53	E	135	June Cunningham	44:41	EW				
95	Jack Hekekia	37:57	40+	136	Chris Dunney	44:50	E				
96	Gregg Gaydos	37:58	0	137	Stan Karansky	45:00	60+				
97	Jay Koehler	38:00	J	138	Laura McMarlin	45:33	HS				
98	Ron Baers	38:17	J	139	Amy Barcia	45:34	JHS				
99	Jim Weiss	38:26	40+	140	Bill Southwood	46:06	40+				
100	Lynn Weiss	38:26	HSW	141	James Richmond	46:08	E				
101	Judy Brown	38:29	0	142	Stuart Axmaker	46:15	JHS				
102	Unknown	38:29		143	Sharon Colon	46:24	OW				
103	missing number			144	Connie Chun	46:30	50+W				
104	Alex Ruth	38:33	60+	145	Joy Chun	46:30	OW				
105	Hunky Chun	38:35	40+	146	Jim Hansen	46:46	50+				
106	George Murray	38:37	50+	147	Glenn Cunningham	46:50	JHS				
107	Robert Valle	38:42	40+	148	Billy Cunningham	46:55	JHS				
108	Tom Ferguson	38:46	50+	149	Adele Powers	47:18	0				
109	Brian Johnson	39:26	J	150	Charles Perkins	47:43	0				
110	Barry Oneto	39:28	40+	151	Jerome Werner Jr.	47:56	J				

Circle These Dates

- March 2 (Sun.) Mid-Pac Institute XC 4M
- 9 (Sun.) Maui Marathon (VIRCC)
- 15 (Sat.) Irish Stew Relay 27.6M
- 16 (Sun.) Old Pali Road 4.2M
- 30 (Sun.) Schofield Relays and 50M AAU Championship
- April 6 (Sun.) Norman K. Tomanaha 15Km
- April 8 (Tues.) Club Meeting 7:30 p.m. Waikiki-Kapahulu Lib.

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