

Aloha State Games / Barbara Velasco 10K  
Road Runners Club of America State Champions:

OVERALL

FEMALE: Christina Wong 41:01

MALE: Garrett Prinslaw 35:55

MASTERS (40+)

FEMALE: Shannon Teslow 45:43

MALE: Kengo Yoshimoto 39:31

GRAND MASTERS (50+)

FEMALE: Leslie Cohen 46:36

MALE: Ron Heller 50:37

SENIOR GRAND MASTERS (60+)

FEMALE: Halina Zaleski 55:25

MALE: Frederick Mark 46:53